Canola Oil Pie Crust 9" double pie crust

by Mary Rhea Horrocks, The Great Little Pie Company

3 cups Hungarian High Altitude AP flour (scooped into a 1 cup measuring cup with a spoon and leveled with a knife) or regular AP flour if not at high altitude 2 tsp. Morton's salt 2/3 cup. canola oil, exactly (or vegetable oil of your choice) 4 Tbsp water 1Tbsp white vinegar 1 extra-large egg

- 1. Mix flour and salt together with a fork in a large bowl.
- 2. Pour in oil slowly, mixing continuously with a fork until you have a crumbly mixture. There should be a dusting of flour still apparent on the dough crumbles. Too much oil will make for a dense crust that is not tender and flaky and too little oil will make it hard to roll out the dough as well as make for a crust that is not quite as good.
- 3. Mix water, vinegar and egg in separate bowl. Add liquids to the crumbly dough with the fork until it becomes a cohesive, somewhat sticky ball. Scoop dough up in hands and press into one ball. Divide dough into 2 equal pieces.
- 4. Immediately roll out the dough. I roll out the dough between wax paper sheets and cling wrap sheets that have been lightly dusted with flour.
- 5. Oil your 9" deep dish pie pan and line with the dough.

Enjoy!

6.17.08

To the flour and salt mix, I added all the oil to get a crumbly mix. I added all the rest of the liquid, not all at once, but gradually in 2-3 doses, and it absorbed nicely.

The crust rolled out beautifully, and I prebaked in a 9" pie pan @ 350 for 18 minutes, then 2 minutes without the beans to bake the bottom an additional amount.

We'll see how it tastes!

11.25.09

I tried this recipe without the egg, and substituted 2 Tbsp. water, and it worked wonderfully for a double crust apple pie.